## HOLIDAY AQUATIC SCHEDULE

Sunday Dec 21	Monday Dec 22	Tuesday Dec 23	Wednesday Dec 24	Thursday Dec 25	Friday Dec 26	Saturday Dec 27
	Early Bird Lengths 6:00-9:15am		Early Bird Lengths 6:00-9:15am			
	Parent & Tot Swim 8:30-9:30am		Parent & Tot Swim 8:30-9:30am			
	<b>Swim &amp; Shape Up</b> 11:00-11:45am					
	Therapy Swim 11:00-12:00pm			CLOSED Happy Holidays!	CLOSED Happy Holidays!	
	Noon Lengths / Parent & Tot / Therapy Swim 12:00-1:00pm					
Everyone Welcome Swim 1:30-3:30pm	Everyone Welcome Swim 1:00-2:00pm		vim			Everyone Welcome Swim 1:30-3:30pm
	Everyone Welcome Swim 6:00-7:30pm					
Sunday Dec 28	Monday Dec 29	Tuesday Dec 30	Wednesday Dec 31	Thursday Jan 1	Friday Jan 2	Saturday Jan 3
	Early Bird Lengths 6:00-9:15am		Early Bird Lengths 6:00-9:15am		Early Bird Lengths 6:00-9:15am	
	Parent & Tot Swim 8:30-9:30am		Parent & Tot Swim 8:30-9:30am		Parent & Tot Swim 8:30-9:30am	
	Swim & Shape Up 11:00-11:45am  Therapy Swim 11:00-12:00pm				Swim & Shape Up 11:00-11:45am	
				CLOSED Happy Holidays!	<b>Therapy Swim</b> 11:00-12:00pm	
	Noon Lengths / Parent & Tot / Therapy Swim 12:00-1:00pm				Noon Lengths/ P&T Therapy Swim 12:00-1:00pm	
Everyone Welcome Swim 1:30-3:30pm	Everyone Welcome Swim 1:00-2:00pm				Everyone Welcome Swim 1:00-2:00pm	Everyone Welcome Swim 1:30-3:30pm
	Everyone Welcome Swim 6:00-7:30pm				Everyone Welcome Swim 6:00-7:30pm	

**PLEASE NOTE:** 

Children 7yrs+ can attend unaccompanied, children under 7yrs must be accompanied by an adult 19yrs+ (2 children/1 adult). Pool is cleared 5 minutes BEFORE end time SCHEDULE IS SUBJECT TO CHANGE

The regular aquatic schedule will begin Sunday, January 4th. To view the 2026 Winter Aquatic Schedule, visit www.ladysmith.ca/programs



INFO / REGISTRATION 250.245.6424

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