

PLEASE NOTE

FRIDAY, SEPTEMBER 25 AQUA HIIT CANCELLED AQUA LITE CANCELLED

Due to instructor availability, the following classes have been cancelled on Friday, September 25: 8:30–9:30 AM Aqua HIIT and 11:00–11:45 AM Aqua LITE.

Participants are welcome to attend during these times for **self-led workout** in the pool.

We apologize for this inconvenience



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