

The Town of Ladysmith provides its employees the opportunity to make a positive and meaningful impact on the daily lives of the public we serve. Are you looking for a dynamic and interesting career? The Town of Ladysmith is seeking a self-motivated professional for our Fitness Department.

FITNESS ATTENDANT

Internal/External Competition #2023-38

Department:	Parks, Recreation & Culture - Fitness
Classification:	Casual
Duties & Required Qualifications:	See attached Job Description
Rate of Pay:	Band 5 - \$30.04 per hour
Hours of Work:	No guarantee of hours Parks, Recreation and Culture is a seven-day per week operation and require employees to be available for work weekdays, evenings and weekends.
Conditions of Employment:	Automatic wage deposit
Union:	Canadian Union of Public Employees (C.U.P.E.) Local 401
Benefits:	As per the Collective Agreement
Reporting To:	Programmer – Health & Wellness

This job posting will remain open until filled. For further information please contact Tiffany Chapman, Programmer – Health & Wellness at 250.245.6414 ext. 6237: tchapman@ladysmith.ca

If you are interested in applying for the position, send a detailed resume which notes your qualifications and experience relevant to the job description in a **WORD or PDF** format only to:

Trish McConnell, Manager of Human Resources
City Hall, 410 Esplanade, PO Box 220
Ladysmith, BC V9G 1A2
Email: careers@ladysmith.ca ; Ph: 250.245.6412; Fax: 250.245.6411

We would like to thank all who apply, but only those applicants selected for an interview will be acknowledged. Per CUPE Agreement Article 15.02: "applicants for this position shall agree that in the event of a grievance regarding filling of this posting, interview and selection documentation shall be released to the union."



TITLE: FITNESS ATTENDANT
DEPARTMENT: FITNESS
DIVISION: PARKS, RECREATION & CULTURE
CATEGORY: UNION CUPE LOCAL 401
BAND: 5

GENERAL ACCOUNTABILITY

Under the direction of the Programmer – Health and Wellness, the incumbent is responsible for ensuring the safety of patrons in and around the fitness centre, providing initial health screening and participating in the design, modification and instruction of safe, effective exercise programs and fitness classes.

PRIMARY DUTIES AND ACCOUNTABILITIES

- Responsible for the safety and control of the fitness centre and its patrons.
- Create a comfortable and inviting exercise environment for patrons in all programs and areas of our facility.
- Provide initial health screening for patrons.
- Design, modify and instruct safe, effective and appropriate one-on-one training programs within your scope of practice.
- Design, modify and instruct safe, effective and appropriate group fitness classes
- Provide weight room monitoring and equipment orientation.
- Maintain a safe and clean fitness centre and programming spaces.
- Act as a resource and refer to appropriate health care providers.
- Attend professional development training as directed.
- Adhere to safety policies and regulations as established by WorkSafe BC, the Occupational Health and Safety committee, the Town of Ladysmith and regional and municipal statutes.
- Other related duties as required.

REQUIRED QUALIFICATIONS, KNOWLEDGE, SKILLS AND ABILITY

1. Minimum grade 12 education or equivalent (GED).
2. Valid Standard 1st Aid certification.
3. Valid CPR, level C certification.
4. Satisfactory criminal record check / personal information check.
5. BCRPA Fitness Leader Registration.
6. BCRPA approved Weight Training Module.
7. BCRPA approved Group Fitness Module.
8. Possession of a valid B.C. driver's Licence (class 5).
9. Any one of (or working toward) the following BCRPA Fitness Leader Certificates:
 - Older Adult
 - Osteofit
 - Personal Training
 - Yoga Fitness
 - Pilates Fitness
 - Aqua Fitness

10. Demonstrated knowledge of safe work procedures, practices and obligations.
11. Demonstrated initiative with specific direction; completing tasks by removing barriers and locating necessary resources.
12. Demonstrated ability to communicate effectively in a wide variety of situations applying diplomacy and interpersonal skill to establish and maintain productive relationships.
13. Demonstrated high level of focus on internal and external client service continuously seeking ways to meet and exceed expectations.
14. Demonstrated ability to work cooperatively within a team and with Town employees, stakeholders and partners to achieve optimal results.
15. Demonstrated ability to react to any emergency situation in a competent manner with excellent decision making abilities.
16. Demonstrates valuing diversity.