



# PROCLAMATION

## “FIBROMYALGIA AWARENESS DAY”

- WHEREAS** *“Fibromyalgia Awareness Day” aims to raise awareness and end the stigma and discrimination that accompany this chronic illness; and*
- WHEREAS** *Fibromyalgia affects about 5% of Canada’s population – over 2,000,000 men, women and children of all ages and races in Canada are afflicted with this chronic illness; and*
- WHEREAS** *Fibromyalgia often takes an average of three to five years to diagnose; and*
- WHEREAS** *There is no known cause, prevention, or cure for Fibromyalgia; and*
- WHEREAS** *Fibromyalgia is a complex illness whose symptoms vary widely and may include debilitating chronic pain, overwhelming fatigue, and cognitive impairment; and*
- WHEREAS** *Patients with Fibromyalgia often have several co-existing conditions, which may include chronic myofascial pain, irritable bowel syndrome (IBS), temporomandibular joint disorder (TMJ), environmental sensitivities, anxiety and depression; and*
- WHEREAS** *Fibromyalgia greatly reduces quality of life, can cause total disability, and affects families, friends and employers. Living with daily chronic pain and fatigue can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone; and*
- WHEREAS** *People with Fibromyalgia have a right to be treated with dignity and have a right to pain relief; and*
- WHEREAS** *Together we will find ways to enhance the quality of lives for people affected by Fibromyalgia and together find a cure.*
- THEREFORE,** *I, Aaron Stone, Mayor of the Town of Ladysmith, do hereby proclaim Friday, May 12<sup>th</sup>, 2023 as “FIBROMYALGIA AWARENESS DAY” in the Town of Ladysmith.*

January 9, 2023

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**Mayor A. Stone**